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Tidbits

- ♥ The oldest Chinese medical text was written between 2698 to 2596 BC. Chinese Medicine is said to be between 2,500 and 5,000 years old. This makes Traditional Chinese Medicine the oldest form of medicine still practice today.
- ♥The World Health Organization stated in 2002 that 29-49% of the population used Complementary and Alternative Medicine
- ♥The World Health Organization recognizes the ability of acupuncture and traditional Oriental medicine to treat over 43 common disorders including; Gastrointestinal Disorders, Uro-genital Disorders, Gynecological Disorders, Respiratory Disorders, Disorders of the Bones, Muscles, Joints and Nervous System, Circulatory Disorders, Emotional and Psychological Disorders, Addictions, Eye, Ear, Nose and Throat Disorders. Acupuncture has also been effective in treating other chronic and painful debilitating disorders, which have no clear explanation or origin
- ♥Acupuncture is used by 1/3 of the world as a primary health care system.
- ♥According to the 2002 National Health Interview Survey conducted by NIH—the largest and most comprehensive survey of CAM use by American adults to date—an estimated 8.2 million U.S. adults had ever used acupuncture, and an estimated 2.1 million U.S. adults had used acupuncture in the previous year.
- ♥NIH also stated in its 1997 consensus statement that acupuncture was effective in treating: Addictions, Stroke rehabilitation, Menstrual cramps, Fibromyalgia, Myofacial pain, Low back pain, Carpal tunnel syndrome, Asthma, Adult postoperative and post chemotherapy nausea and vomiting.